

# LAKE WOBEGON TRAIL MARATHON

MAY 9TH 2026



Sponsored by:



# Friday Packet Pick-up 5/8/2026

## Packet Pick-up

- Packet pick-up will be 4:00pm-7:00pm at Resurrection Lutheran Church, 610 County Road 2, St. Joseph
- Packets can only be picked up by the registered runner
- Our packet pick-up does not offer any vendors selling supplies for your race, if you need gels or other products, we recommend:
  - The Endurance Shop
    - 5<sup>th</sup> Ave South, St. Cloud
    - Friday Hours: 10:00am-6:00pm
  - Scheels
    - In Crossroad Mall: 30 Waite Ave N Suite 94, St Cloud
    - Friday Hours: 9:30am-9:00pm
- A limited amount of Lake Wobegon Trail Marathon merchandise will be available for purchase

## Pasta Feed

- Avon Women of Today will be hosting a pasta feed at packet pick-up
- Cost is \$12 for adults, \$10 for kids, cash only



# Race Morning

## Buses

- Bus pick-up is near the finish line, at Resurrection Lutheran Church starting at 5:30am, the last bus will leave at 6:00am
- There is ample parking on city streets and nearby lots in St. Joseph, as well as in the parking lot of the church.
- There are no buses that return to the start line. If you park at the start line, you will need to find your own transportation back

## Last Minute Packet Pickup

- Race packets will be available at Holdingford High School prior to the start of the race from 5:45-6:45am

## Start

- The race starts at the Holdingford High School track.
- Prior to the start of the race, runners will have access to Holdingford High School, including indoor restroom.
- After the National Anthem at 6:50am, runners will proceed outside to start the race on the running track.

## Drop Bags

- Drop bag service is offered at the start line, with your bags waiting for you at the finish line.
- You can utilize your own bag or pick one up at packet pick-up on Friday night or Saturday morning. Clearly mark your drop bag with your bib number. Tags will be available at packet pick-up if needed.



# On Course

## Safety

- On course, the Lake Wobegon trail crosses several roads.
- All major road crossings are manned by volunteers to ensure your safety, yet runners should exercise caution during all road crossings.
- Our race takes place on a country trail that is open to the public during the race. Generally, traffic is light on race day, please be respectful to those sharing our trail.

## Water stops

- After starting the race, there are 13 water stops, which will also have orange Gatorade.
- Gatorade will always be first in Gatorade branded cups, water will be second.
- Please see map below for details on locations on water stops and toilets.

## Nutrition

- Mile 15.7: Variety of nutrition including gels, candy, pickle juice, fruit, and coke.

## Photography

- Dane Nelsen Photography will be joining us again this year as our course photographer.
- There will be multiple locations throughout the course where photos will be captured.
- High resolution photos will be available for free download after the race.

## Pacers:

- We will have the following pacers:
  - 3:00 Ben K
  - 3:15 Lukas
  - 3:25 Nate
  - 3:30 Evan
  - 3:45 Mike S
  - 4:00 Adam
  - 4:05 Aaron
  - 4:10 Gwen
  - 4:20 Scott
  - 4:35 Katie
  - 4:50 Lisa
  - 5:00 Heather
  - 5:30 Alena
  - 6:00 Tom

## COURSE KEY

- MILE MARKERS
- WATER STOPS
- TOILETS
- ENERGY STOP



## Thank You to Our Water Stop Hosts!

- 1.7: The Alessio Family
- 4.0: Albany National Honor Society
- 5.5: Albany National Honor Society
- 7.6: The Stark Family
- 9.9: Avon Community Church
- 12.7: The Hlebain Family
- 15.7: St. Cloud River Runners
- 18.1: Eisenschenk Crew
- 20.4: Angel Reins Stable
- 22.2: South Jr High Robotics
- 23.4: Preferred Credit, Inc.
- 25.3: Avon Women of Today

## THANK YOU TO OUR NUTRITION SPONSOR:



## Spectators:

Scan the QR code and click the link that pops up for directions to the recommended spectator locations.

For any spectating where you must park on the road, please use caution and ensure sightlines are not obstructed.

# Finish

## Location

- Lake Wobegon Visitor Center, St. Joseph

## Awards

- Overall and age group awards will be presented, with the top 3 in each category recognized
- Awards will be presented to overall and masters winners at approximately 11:00am

## Medical

- Williams Integracare will be available at the finish line should you need any medical attention

## Finisher Shirts

- A small number of additional shirts will be available for size swaps at the finish line

## Food

- A variety of post-race food will be available at the finish, including pizza, fruit, chips, Gatorade and chocolate milk, brought to you by Coborn's, Kemp's, Bernick's, and Frito-Lay

